

OKAIMH Board Meeting April 10, 2020 (held by videoconference via Zoom)

Board Members Attending By Zoom: Desiree Doherty, Ed Long, Melissa Griffin, Monika Turek, Cynthia Mooney, Elizabeth Bard, Elizabeth Fisher, La Toyia Williams, Linda Manaugh, Lucia Ciciolla, Mary Ann Allbritton, Amy Chlouber, Ruth Slocum, Autumn Cooper

Staff Present: Carly Harris

Members/Guests Present: Audra Haney, Amanda Morris, Alesha Lilly, Magen Evans

Meeting brought to Order: 9:03, Quorum Established

Mindfulness Moment: led by Autumn Cooper

Consent Agenda: Motion to approve consent agenda (March 2020 meeting minutes, finance report) by Turek. No discussion. 2nd by Bard. Motion carried.

New Business:

1. Coronavirus discussion, should OKAIMH be doing more? Mooney stated feeling a shift in the community putting out fires. The shutdown starting to hit people and self-care not happening. Williams added that we are all grieving right now and it is ok, and should shift messaging to include that we are all struggling. Doherty added that one association is doing a zoom call every day at 12. Also wondered if a closed Facebook page to members might be helpful.

- 2. Committee Reports:
 - Leadership Call: Slocum and Bard attended Alliance Leadership Call. Stated that different associations were sharing what they were doing right now. The notion that associations should support but not add to the stress was discussed and that while Zoom is a nice way to connect, the idea of zoom fatigue was something to consider. Slocum added that some associations were running hotlines to support. Bard added that the leaders call was a nice space to share their experience of how their communities and the attendees personally are impacted. There was a real sense of "we are all in this together".
 - Holders Call: Chlouber shared she was unable to attend the holder's call
 - Fall Conference: Williams shared that the fall conference committee has met and discussed the idea of moving the annual meeting away from the fall conference day. Stated that people expressed that made it a long day. Some who attend the fall conference are not members but they end up in the annual meeting. Mooney suggested that if the meeting was moved, that

during lunch there could be a brief "sales pitch" for the organization and the benefits of membership. Next meeting is April 17 at 10am by Zoom.

- Governance: no report
- Sustainability: Doherty has shared a template for grants with Albritton
- Workforce: Long reported met with the 3 chairs to talk about the role of the WF committee. Ideas included illuminating a path for Endorsement, working with groups to tie the competencies to existing trainings, finding gaps in training and working to bring training to OK to fill those gaps, and integrating competencies with workforce activities. Bard added that the role of the group should support endorsement, think about how do we bring in training, possibly conduct a survey to assess needs, and have an internal system to handle training requests.

3. Share Template for Committee reports – Long. Long presented the template to track committee work. Slocum requested committees use the form and could revisit in 6 months to recommend updates or changes. Griffin moved to adopt the process for committee reports to be reviewed periodically. Slocum seconded. Motion carried.

4. Doherty stated that a proposed budget request was submitted to ODMHSAS for 63K, which is 30% less than last year. Doherty stated that the focus was to request funding for priority needs such as endorsement coordination, administrative support for the association and fall conference.

5. Doherty presented the opportunity to contract with DMH for coordinating Reflective Supervision work that has been done in the past through OSU. Haney shared that support for RS/RC work was part of the Systems of Care Expansion project. She is looking for ways to continue supporting people who are developing IMH expertise. Doherty stated she would like to continue to partner and assure Reflective consultation is available and would like for the association to pursue the contract by creating a proposal and a budget request. Stated discussions included the idea that OKAIMH would charge 100.00 per hour for the work and reimburse consultants they would subcontract with at 80.00 an hour. Long motioned to move forward with creating the project proposal. Griffin seconded. Motion carried.

6. Discussion of when OKAIMH would be ready to move forward with the Early Childhood Endorsement. The Alliance is asking Associations to create a timeline. Griffin stated concern of starting too soon that may disrupt the traction around IMH Endorsement. Stated at the state level, there has historically been considerable push back at the policy level when Policy suggestions around early childhood included 4 and 5 year olds, and there are considerably more providers who see preschool children and less of a perception that this is a "special population" as infants and toddlers are. Doherty stated would propose that OKAIMH push the first cohort for ECMH endorsement to begin in Fall of 2021, which was the latest option available.

Adjourn: 10:39 Griffin moved to adjourn, Slocum seconded.