



OKLAHOMA ASSOCIATION FOR INFANT MENTAL HEALTH

Annual Meeting

November 13, 2020

Desiree Doherty, Board President



Welcome

AGENDA

Welcome & Meeting Overview

Desiree Doherty, President

Association Finance Report

Monika Turek, Treasurer

Vote on Amendments to Bylaws

Linda Manaugh, Governance

Election of New Board Directors

Ed Long, Vice President

Highlights of Year to Date

Fall Conference – La Toyia Williams, Chair

Reflective Consultation Learning Collaborative – Ruth Slocum, RCLC Co-Leader

Membership Satisfaction Survey – Brandi Duden, Communications Chair

Endorsement® in Oklahoma – Kelly Sipotz, Endorsement Coordinator

Strategic Plan Progress – Desiree Doherty

Member Opportunities to Engage

Melissa Griffin, Secretary

Public Comment

Members

Adjourn

Desiree Doherty, President

***The regularly scheduled Board of Directors Meeting follows immediately after the Annual Meeting.
All members are invited to stay tuned and join the Board meeting at 10:00 – 11:00 a.m.***

Financial Report



Budget v. Actual 2019-2020 Fiscal Year.pdf



Budget v. Actual 11.1.20.pdf

Summary of Proposed Bylaws Revisions

Five revisions to the current Bylaws are proposed by the OKAIMH Governance Committee for a vote of the Members:

<u>Page</u>	<u>Sec</u>	<u>Article</u>	<u>Topic</u>	<u>Change</u>
2	III	3	Dues	Membership dues will be set by Board, not Members, and announced by December 1 for following year.
2	III	4	Removal	Membership terminates on March 15 if dues not paid, instead of March 1.
4	V	8	Removal	A Board Director can be removed by vote of Board; does not require vote of Members.
4	VI	2	Officer	Officer terms will be 1 year instead of 2 years and sets max of two 1-year terms in any one office. Applies to Officers elected after 1/1/21.
6	VII	3	Committee	Any Member in good standing is eligible to serve as a committee chair, i.e. chair does not have to be a Board Director.

BOARD DIRECTOR ELECTION

Proposed for Election to 1st Term (2021-2023)



Teresa Berg, Ph.D.

**Early Care & Education
Adult Career
Development Coordinator
Tulsa Technology Center**



Juan (John) R. Delara, MPH, CPH
Kevin Evans

**MIECHV Grant Manger
Family Support and
Prevention Service
Oklahoma State
Department of Health**



**Executive Director
Western Plains Youth
& Family Services**



Paula A. Koos

**Executive Director
Oklahoma Child Care
Resource & Referral
Association**



Juli R. Skinner, LMSW

**Senior Director
Cherokee Nation Behavioral
Health**

Proposed for Election to 2nd Term:



**Tish Dehart, MS,
LCSW, IMH-E ®**
Clinic Manager Behavioral
Health Specialist
Tulsa Health Department



Desiree Doherty, MS
Retired Executive Director
The Parent Child Center of
Tulsa



OKLAHOMA ASSOCIATION FOR INFANT MENTAL HEALTH

Transforming the Overwhelm

with

Laura van Dernoot Lipsky

The Trauma Stewardship Institute

&

Tracey Lyall

Domestic Violence Intervention Services

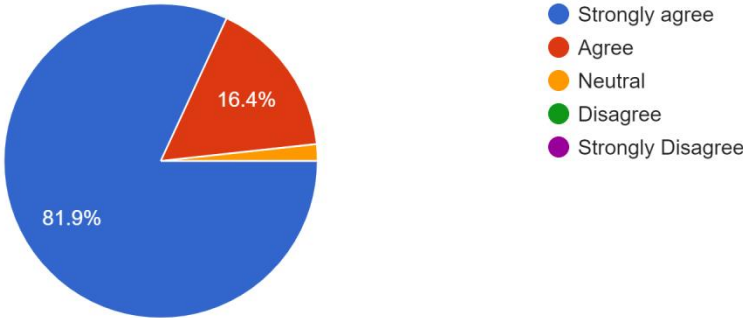
October 21, 2020

- Thank you to our Sponsors: Arnall Family Foundation, Deaconess Pregnancy & Adoption, Sunbeam Family Services, Potts Family Foundation, IBEaR, ODMHSAS
- **238 registered**
- 4 CEU's offered, 116 CEU certificates awarded
- Sarah Rahhal, CEO, Sunbeam Family Services, received the 2020 Povl Toussieng Memorial Leadership in Infant Mental Health Award
- Door prizes included \$30 retail gift cards, Laura van Dernoot Lipsky set of books, and new book "Adverse and Protective Childhood Experiences: A Developmental Perspective" by Dr. Jennifer Hayes Grudo and Dr. Amanda Morris book

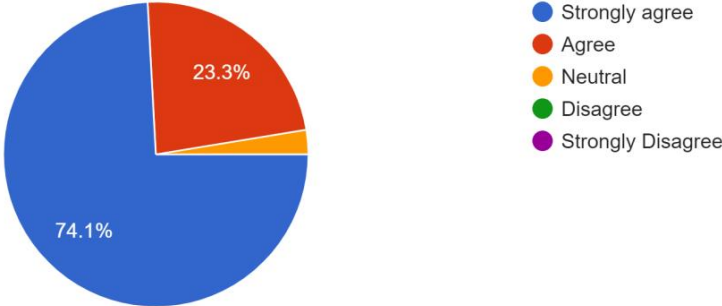
Fall Conference Evaluation Results

116 Respondents

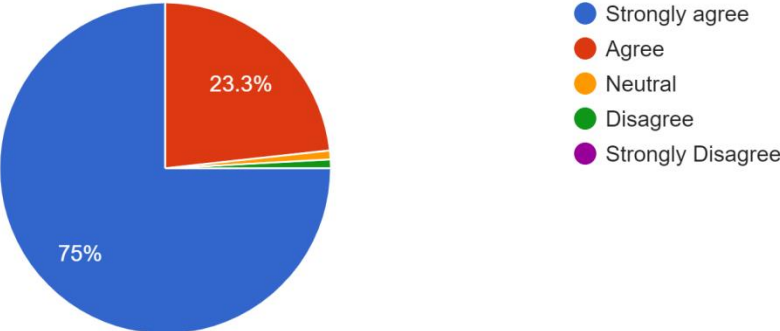
1.) The speakers knew the content well and were prepared
116 responses



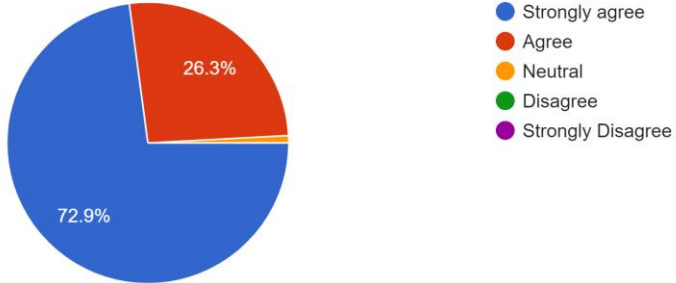
2.) The presentation was well organized.
116 responses



3.) The information was presented in a way I could understand.
116 responses



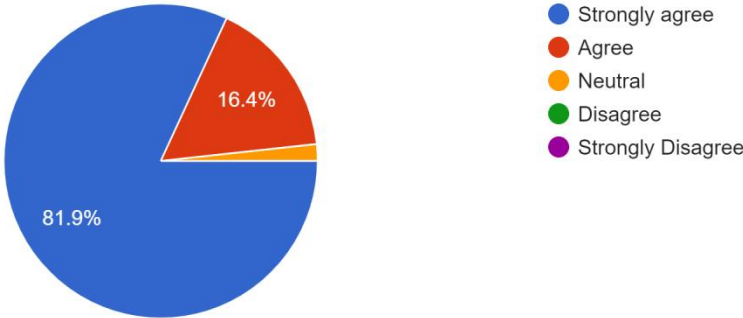
4.) The information provided is relevant to my role.
118 responses



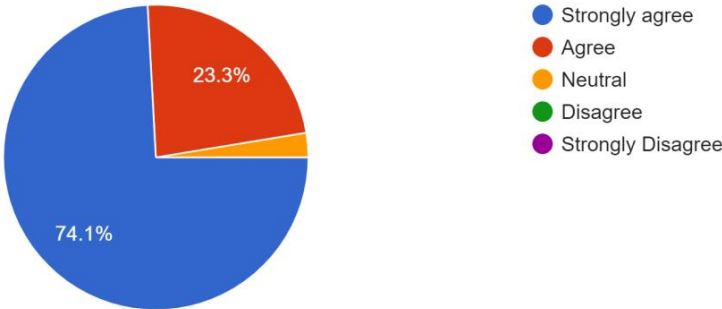
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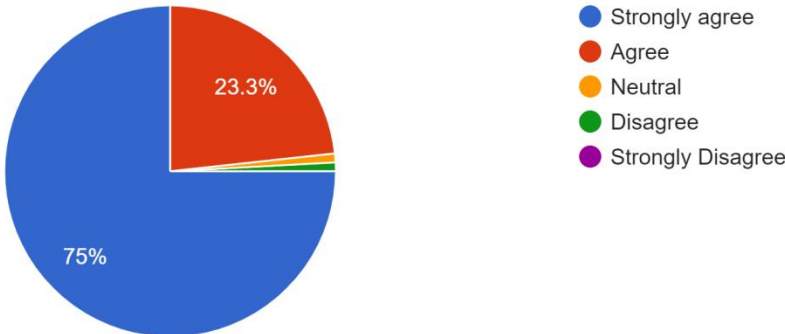
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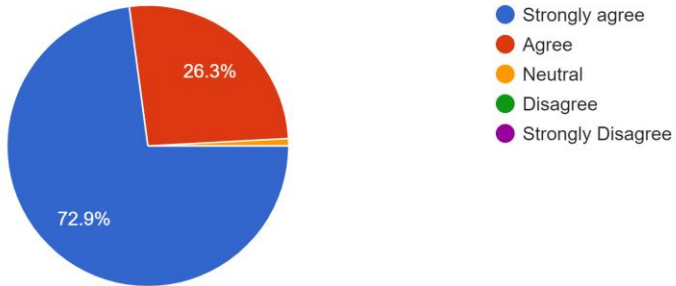
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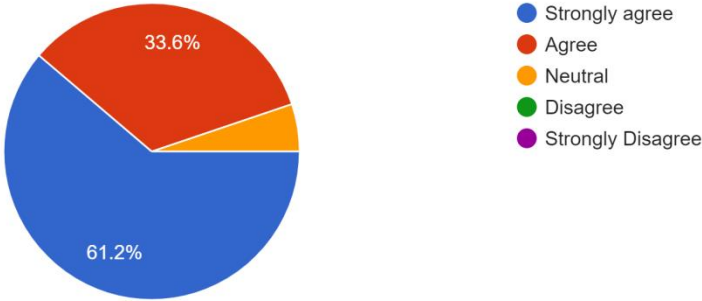


Fall Conference Evaluation Results

116 Respondents (Continued)

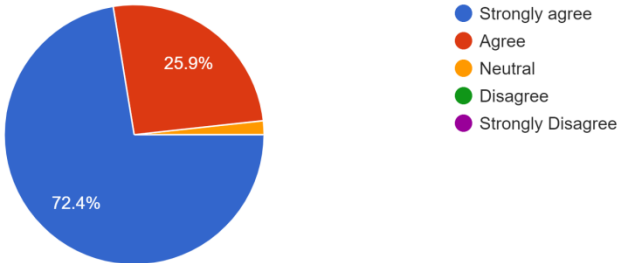
5.) The scenarios/discussion broadened my perspective in working with children & families.

116 responses



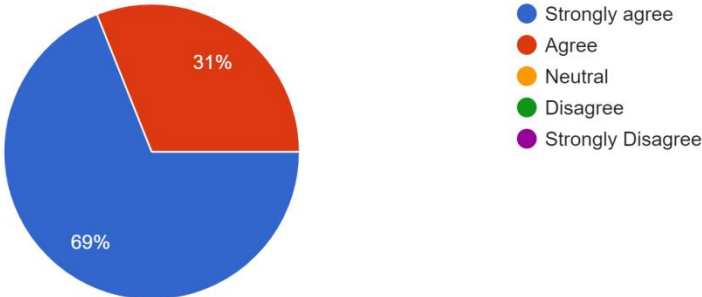
6.) The information provided helped me better understand the concept and importance of trauma stewardship in my work.

116 responses



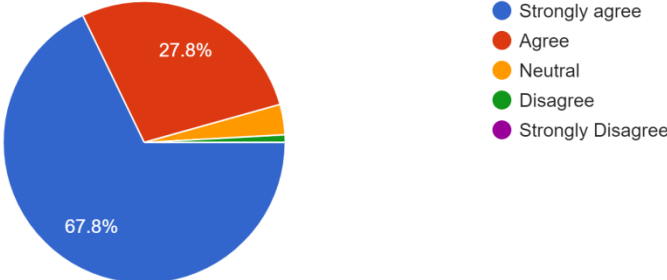
7.) I learned at least one new strategy or concept which I will use in my work.

116 responses



8.) If additional training was offered by this presenter and on this topic, I would be interested in attending.

115 responses



- Great training!!
- Excellent presentation!
- Program was excellent, and Laura is outstanding in presentations. Thank you!
- I loved hearing about DVIS's journey with the material presented and how to utilize it at an agency level.
- *I really enjoyed learning about the signs and symptoms of overwhelm since I think it is a good monitoring tool as well as a potential conversation starter with clients. I also liked the self-care tools that didn't rely on time or money and were more of a mind shift than an Instagram perfect opportunity.*
- The training was very informative and exactly what I needed. I have been experiencing vicarious trauma and she gave me practical tools I can use in my daily life. I ordered the book Trauma Stewardship and should receive it today. These tools will help me in life, both private and personal. Thanks.
- Enjoyed the training and walked away with some insight on how to help myself and others.
- Laura was fantastic! I really appreciated the open-ended format that was participant-led. She is incredibly knowledgeable but equally approachable; it felt like a conversation with a good friend. As individuals in helping professions, we often forget about our own emotional needs and desires. Creating the space to share openly was so needed and I would enjoy a similar topic (such as secondary trauma) in the future.
- This training was very informative, and in the future, I look forward to using what I learned.

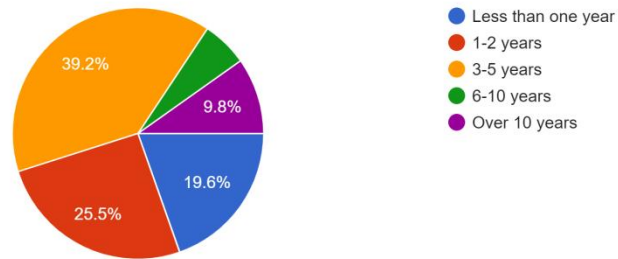
Reflective Consultation Learning Collaborative



Membership Satisfaction Survey

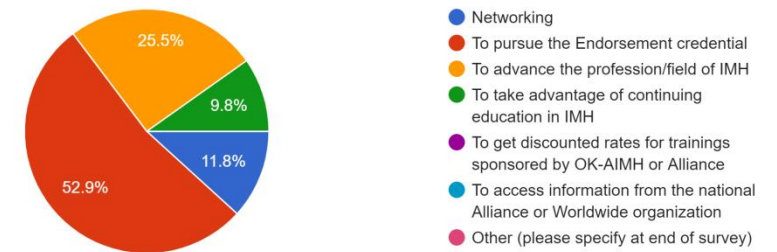
1.) How long have you been an OK-AIMH Member?

51 responses



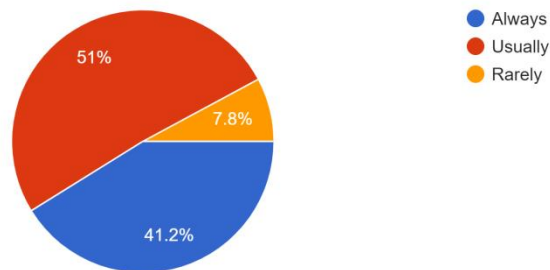
2.) Why did you choose to become a member?

51 responses



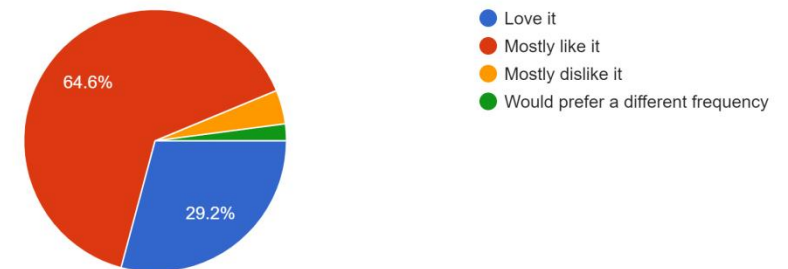
4.) Do you read the Monday Newsletter?

51 responses



5.) What do you think of the new newsletter format?

48 responses



What are two things you like about being a member?

Standards

Gaining knowledge

Connection

Staying current with state happenings

Conference

Like-minded professionals

Continuing education info.

Resources

Training info.

Reflection with others

Colleagues

Monday Newsletter

Strong focus on prevention

Endorsement Support

Advancement of field

Support group

Overall philosophy

Networking

Part of national organization

PERSONAL & PROFESSIONAL MISSION

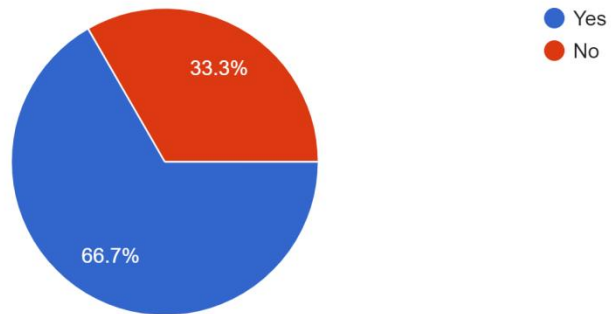
Opportunities for involvement

Access to community

Membership Satisfaction Survey

6.) Have you ever attended an OK-AIMH Fall Conference?

51 responses



7.) What years have you attended fall conference?

2019 – 25 respondents

2018 – 18

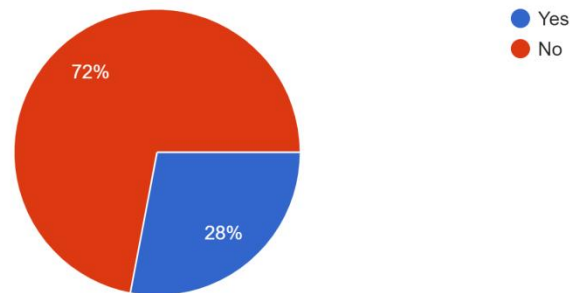
2017 – 11

4 to 10 years - 9

Over 10 years - 6

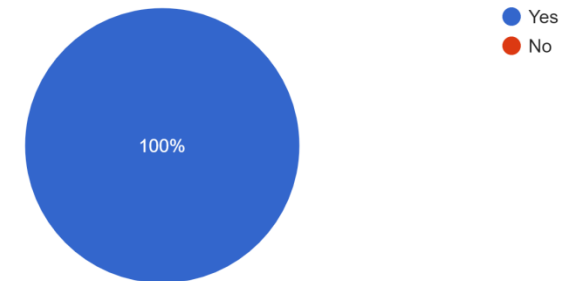
8.) Have you voted in an annual meeting?

50 responses



10.) Do you feel the annual membership fee (\$35) is a good value?

49 responses



9.) What other benefits or services do you wish OK-AIMH provided?

- More training opportunities/CEUs
- Exam prep class
- Provider locator on the website
- Discounts
- Organizational membership
- More resources to refer families
- Online trainings
- Access to reflective consultation
- More advocacy about early childhood importance to public



Strategic Plan



Mission broadened & clarified

25% growth in 2020, from 164 to 206 members

Membership diversified, expanded & engaged.

Communications enhanced

Enhanced social media presence

29% increase in use of website from 838 unique visitors to 1,087 unique visitors

Slight downtrend in newsletter open rate from 56% to 52%

Transparency in Association and Board processes

From 6 to 16 board members

Board meeting reminder & agenda sent every month

Board minutes posted on web

28 non-board members on board committees

Capacity built in Endorsement[®] and Reflective Supervision

From 44 endorsed professionals to 56 endorsed professionals

endorsement support calls offered

Second RCLC concluded

From # to # endorsed professionals on OKAIMH RC Registry

Endorsement policies aligned with Alliance for 2021 and 2022 regarding renewal requirements and reflective supervision requirements

Endorsement® in Oklahoma

OKAIMH invested in Endorsement® Central Coordination Service in January 2019

Significant growth in exam capacity

No more backlog in exams

Higher percentage pass rate – better prepared, better supported, better feedback

Support activities

- Zoom support calls monthly or bimonthly

- Renewal outreach

- One on one contact with every applicant in EASy

Plan for 2021 – special focus on IFA and IFS scopes of work

- Reach out to Head Start & Early Head Start in OKC & Tulsa

- Propose Workplace Cohorts

- Prepare for launching Early Childhood Mental Health Endorsement® credential



Join In!

OKAIMH thrives when Members are Involved



FOLLOW US ON SOCIAL MEDIA!

and....**SHARE**
SHARE SHARE!

Link your
Amazon
account to
OKAIMH for the
Smile Program!

Attend Board Meetings!

www.okaimh.org

(go to
Trainings & Meetings
tab to find info & link)

Renew Your
Membership!

Join A Committee!

- **Fall Conference**
- **Workforce Development**
- **Communications**
- **Endorsement®**
- **Governance**
- **Sustainability**
- **Finance**

Volunteer at
info@okaimh.org

Public Comment





OKLAHOMA ASSOCIATION FOR INFANT MENTAL HEALTH

Thank You!

**Always keep babies
in mind!**

YOU WILL
Never Have
THIS Day again



so make IT
COUNT