

**Minutes of August 11, 2023 Board of Directors Meeting**

Virtual via Zoom; In person in Stillwater, OK at the Stillwater Community Center

The meeting was called to order at 9:06a.m. by President Tish Dehart. Quorum was established.

**In attendance: Directors**: Lucia Ciciolla, Tish Dehart, Elizabeth Bard, Autumn Cooper, Tamra Crabtree, LaToyia Williams, Brandi Duden, Desiree Doherty, Cynthia Mooney, Desiree Doherty, Liz Fisher, Monika Turek, Linda Manaugh, Juan Delara

**Guests**: Angela Fultz, Brandi Elwood

**Staff:** Carly Harris

# CONSENT AGENDA

Consent agenda, minutes and the Finance report for June were presented. Monika Turek motioned to approve and Linda Manaugh seconded. No discussion. Motion passed unanimously.

# COMMITTEE & DIRECTOR REPORTS

**President Report**

* 1. Contract(s) with ODMH – all being renewed
     1. Tish and Autumn met with Audra about RS/C contract. Tish is working on edits to the contract to give more flexibility in the contract for people looking for additional money for reimbursement. Audra is identifying supervisees – looking at Stillwater because of Safe Baby Court

**DEI Officer Report –** LaToyia Williams

* 1. National Breastfeeding Month
     1. Lots of different stories and misinformation and lack of support
     2. Want to bring advocacy to breast/chest-feeding to build support for lactating people
     3. To be an advocate – review leave policies, facilities for nursing, show gratitude, donate money to breastfeeding organizations, have breast respect
     4. Oklahoma generally tracks with the nation on breastfeeding rates
     5. Racial disparities in breastfeeding, infant mortality. Need to give people a voice and support
     6. Need updates to social protection policies in place – paid leave!
     7. CDC breastfeeding infographics - <https://www.cdc.gov/breastfeeding/resources/fact-sheets-infographics.html>
     8. Autumn shared that Kellymom.com is a favorite breastfeeding site

**Committee Chair Reports**

1. **Communications.** Chair: Brandi Duden
   1. Still accepting feedback about new website
   2. Working on the new logo
      1. Stephanie created drafts of logos
      2. Carly pulled up to share – lots of options, ideas.
         1. Like big hand/little hand; caregiver-child option
      3. Will send out to board members for feedback asap
   3. Looking for new members! Please reach out and join!
2. **Fall Conference**. Chair: Brandi Elwood
   1. Solidifying agenda– with Marva Lewis and Lana Beasley
   2. Conference details
      1. Need help with set up – day before, 5-8pm
      2. Need donations for door prizes, raffles - $10-ish gift cards, gift baskets
      3. Brandi is sending out link for sign ups for set up and donations
         1. https://www.signupgenius.com/go/20F044EADAC2FA4FE3-okaimh
3. **Endorsement Strategy Group**. Chair: Autumn Cooper
   1. Arranging time to talk to Kelly about online testing and piloting of new exams
   2. IMH-S exam will be paused in January 2024
   3. Lecretia Powell is standing in for Julia Albrecht while she is out on leave
4. **Finance**. Chair: Liz Fisher
   1. Preparing for the audit – new this year
   2. Presenting a 6-mo budget – July-December; and then later will vote for budget for entire fiscal year
      1. Put to Board vote to approve the 6-month budget
      2. Motion to approve the 6-month budget made by Desiree Doherty; seconded by LaToyia Williams. Motion passed unanimously.
   3. Sent out 9-90 for board to review before it is filed
5. **Governance**. Chair: Juan Delara
   1. Reviewing board members and terms – thinking about people to nominate
   2. Board application for nominees – both mail in and online application
   3. At October meeting, the board should review nominees
      1. Need people applied, vetted before November annual board meeting – names go out 14 days before the meeting
6. **Sustainability**. Chair: Paula Koos (not in attendance) No formal update.
7. **Workforce Development**. Chair: Monika Turek
   1. Next meeting is August 17, 12-1pm – Carly sent out calendar invite
   2. Talking about 0-5 training this Fall and next year
      1. Tish and Monika met with the 5 OK trainers for 0-5
      2. Have dates in October for in-person in OKC, 25 people
      3. Training scheduled for April – might be virtual
      4. Valerie Isaacs will be doing one for IMH cohort through OSU-CHS ECHO
   3. CPP learning collaborative – Angela Fultz presenting
      1. Applications going out September 1, 2023 with start date of January 2024. Notifications go out in November.
      2. Applicants have pre-work as part of application to make sure they are supported and be successful through the training – individual and agency level
      3. Trainings will be in-person – open and considering locations in the state
8. **Alliance Call.** Brandi Duden was on the call
   1. Kelly D. resigned – taking position at University of Michigan. Alliance needs to re-organize and restructure
   2. WAIHM update – many organizations in different countries are expanding knowledge and focused on DEI
   3. Mini WAIHM in 2024 in Finland, then will be back on normal schedule of every other year
   4. Recruiting for governance committee board
   5. Shareholder engagement policy – sending out survey to each state association to respond.
      1. Roles manual, self-ranking score card, code of conduct
   6. Annual summit for leaders – virtual this year
   7. RS/C conference in NJ this year
   8. Changes to endorsement exam – waiting on formal announcement from Alliance.
      1. March 1, 2024 – AIMHS to decide whether going to use the online package
   9. Linda Manaugh will be attending the call in September

**Business**

1. OKAIMH regrant with AECM
   1. Angela Fultz provided a summary of the focus groups and survey. Report sent out to board
      1. Provider survey done – 52 responses
      2. Focus groups with clients at Sunbeam, PCC, and Western Plains Youth and Family Services
   2. Reviewed summary highlights – what OKAIMH can do moving forward to respond to information and support individuals/agencies
      1. RS/C for frontline staff – but difficult to have time within agencies to offer/provide
      2. Higher rate of reimbursement
      3. Funding for non-billable items
      4. Supports for agency leadership about how IMH is implemented so they can better support staff
      5. Lower case loads
      6. Funding for clinicians to pursue endorsement, training, RS/C
      7. Training offered to clinicians at all levels of employment – more access to quality, evidence-based models. Might need to help create awareness about models and appropriate interventions.
         1. Maybe talk to Valerie Isaacs as part of learning cohorts, get out foundational information about evidence-based and appropriate models and interventions. Help people know what training they need to get
      8. Community engagement efforts with parents to facilitate curiosity in children’s mental health
      9. Expand information, awareness to other frontline worries – pediatricians, ST, PT, OT
      10. Hold equitability in mind
   3. Might be advocacy efforts, marketing/communication efforts that OKAIM could help with getting a consistent message out, providing information about all offerings across the state.
   4. Tamra Crabtree - Oklahoma Family Network and Children’s Behavioral Health Network – working on a mental health institute for families so they can have information about different models, interventions to seek out. But may not be emphasizing different aspects of IMH from child mental health. Planning committee currently working on Southwest OK, rural communities – looking for new members
2. ODMH need us to have a DUNS number, need a physical address.
   1. Added Carly’s address but isn’t yet on the statement?
   2. Add signers page to by-laws?
   3. Use PO-Box physical address – small fee?
3. Lacretia Powell – Alliance representative joined meeting for introduction to the Board
   1. Updates about the Mental Health Specialist exam – IMH-S. Will be piloted next year, proctored virtually (need to decide if we will do or have exams proctored by the Alliance)
      1. No IMH-S exams after December 2023 – but there will be piloting in 2024
   2. Announcement about ERS is coming in September; was approved
   3. Julia Albrecht will be back in October 2023

**Announcements**

* + - 1. Lift Every Baby Celebration – Saturday August 24 at Chandler Park.

**Public Comment**

1. None.

Next Board meeting is second Friday in September on Zoom @ 9:00a.m.

Motion to adjourn made by Elizabeth Bard; seconded by Juan Delara. Motion passed unanimously.

# Meeting adjourned at 10:28 a.m. by Tish Dehart

*Submitted by Lucia Ciciolla*